



**by Christine B.*
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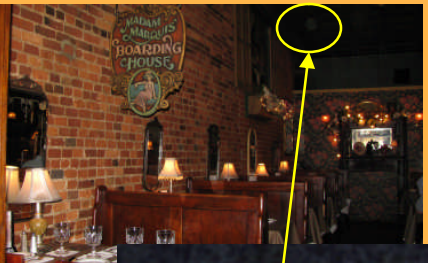
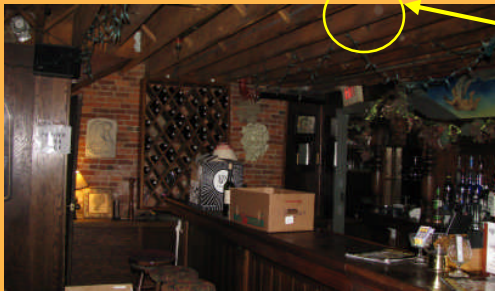
October, 2009



Lunch with Orbs At the Main Street Café Medina, Ohio



I met some old friends at the Main Street Café on Court Street in Medina for lunch and was told by the waitress that the building is supposedly haunted. Since I now take my camera with me everywhere I go, I thought I'd take some photos while I waited for my friends to arrive. Here are some of the photos of orbs I caught with my camera. Make of them what you will.



This orb is interesting because you can see the flash reflected right through it on the edge of the stool. All these orbs have a discernable nucleus and an energy edge.

I plan to take my new investigative team back to the café to do a more thorough investigation with the owner's permission.

Elves

Most people think of elves only during the Christmas holiday and consider them merely as they have been depicted as Santa's helpers. There are many other myths about elves, however.

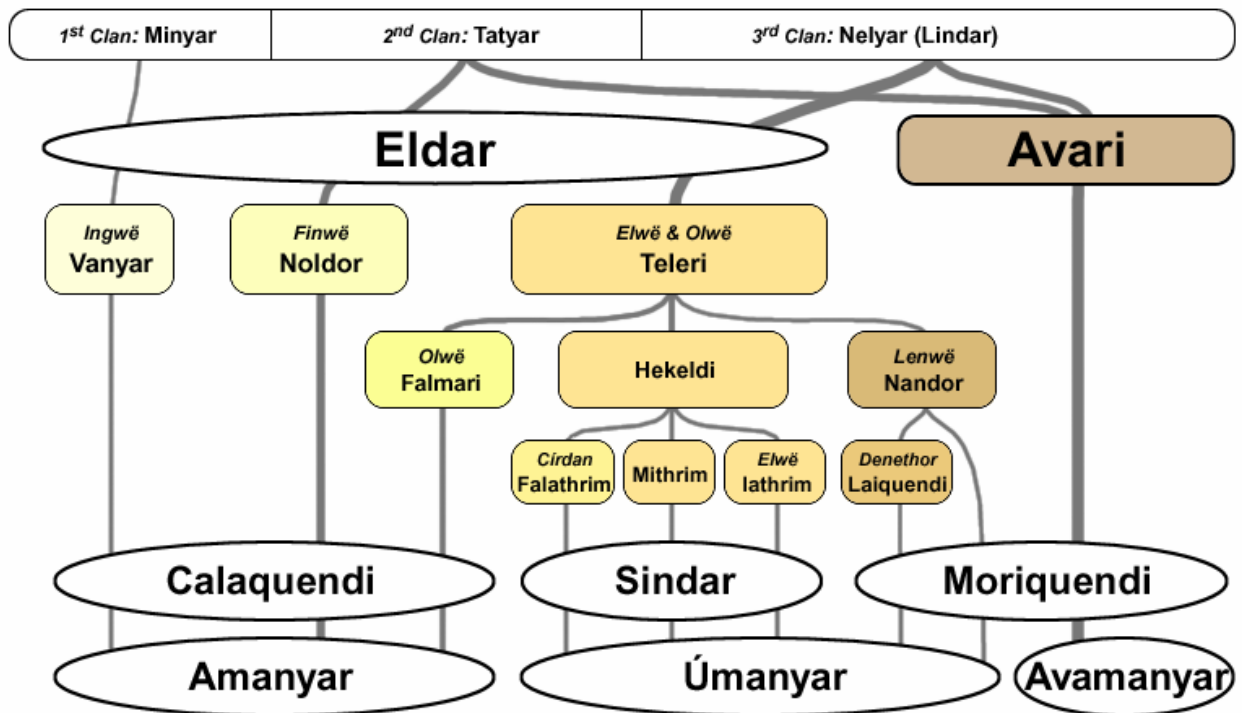


Originally elves were thought of as a race of nature and fertility gods. Instead of the miniature creatures depicted in most Christmas stories, the original elves were pictured as youthful men and women of great beauty who lived in forests, underground places and caves, or in wells and springs. They have also been portrayed to be immortal and as beings of magical powers.



The supreme expert on elves, J. R. Tolkien, created a flow chart of the many varieties of elves which explains their status within their world. "Quendi" is the name given to all elves.

Quendi



Now that explains everything, doesn't it? Huh? But all of these elves are fictional, right? Since they are a product of J. R. Tolkien's imagination he could make up any word and definition he wanted. Some might argue that all elves are fictional. But Tolkien isn't the only person who has written about and reported elves. There have been hundreds of books, both fiction and non-fiction, written about these elusive creatures. Here is a brief list of some that have been classified in various literature about Elves:



Aquatic or Sea Elves

Elves that live in lakes or the oceans of the world. They seem to be as adept in or out of the water. Some Aquatic Elves are reported to have green skin and hair with webbed hands and feet. Are they mermaids? Maybe, but some are not as beautiful as mermaids. Has anyone ever seen an ugly mermaid? I don't ever remember anyone ever claiming to...



Avariel Elves

Winged Elves who reside in the mountain regions of the world. They are thought to be warriors who battled dragons and evil scorers. These elves are vary rare and are considered extinct.



Drow Elves

This group of Elves live under ground. They are the only Elves that are inherently evil. Living in major cities underground they are considered to be an omen of bad luck when seen by those who live on the surface. A well known Drow is Drizzt Do'Urden, (pictured at on the left.)



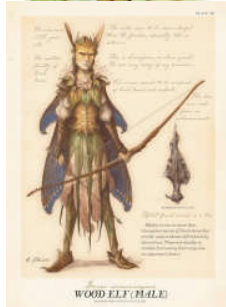
Gray Elves

These elves are the most noble of elves, and the most arrogant. They are of higher intellectual capabilities than other elves, but, despite the fact they are taller than high elves, they are physically weaker. They live in isolated mountain strongholds, and rarely allow access to outsiders. They have silver hair and amber eyes, or gold hair and violet eyes, and wear clothes of white, silver, yellow and gold, and usually wear regally colored cloaks. Those with gold hair are generally called faeries.



Lythari Elf

Originally Forest or Wood Elves that have the ability to change into wolves at will, but not considered werewolves. Unlike true werewolves they keep their sanity and mind when they change and they do not kill for no reason. Physically, lythari are beautiful creatures. In elven form, they are tall, pale skinned, with light blue or green eyes and silver hair. Lythari in wolf form have pale gray or silver fur and intelligent, blue or brown eyes.



Moon or Silver Elves

These are the most common type of Elves found. They typically have gray to silver hues of hair though some might have raven black hair, as well.

Continued on page 9 . . .

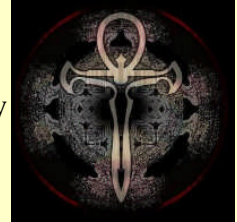
Signs & Symbols

What Do They Mean?

There are many phrases and symbols we encounter in our everyday lives that have a different meaning than what we are accustomed to. Some of our terms come from an origin that we would never have believed. For instance, did you know . . .

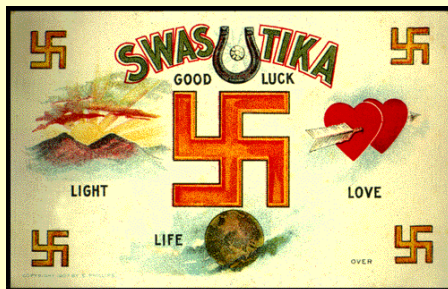


. . . that **the Egyptian Ankh** (hieroglyph for life and immortality) is also an early adaptation of the Christian symbol for the cross? An Ankh held upside down is also the symbol for the key to open the gates of death to eternity. Many Egyptians carry this symbol with them after they have died.

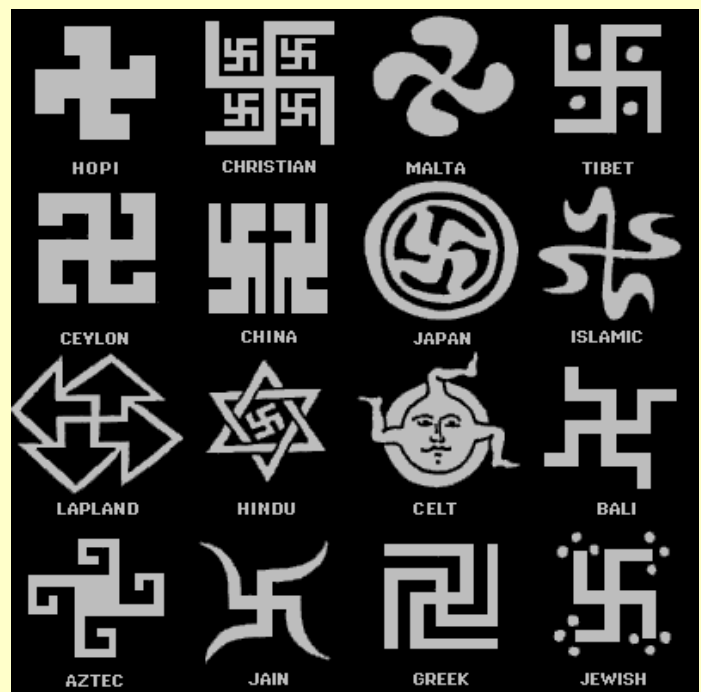


Most people think that **Angels** are only a Christian symbol for beings sent from God. However, did you know that angels are a part of the Islamic religion, as well? They believe that angels are creatures of light who serve Aliah and carry out his commands. The Chief Angel, Jibril, is believed to be responsible for enlightening the Islamic prophets, including Mohammed. Muslims believe that we all have two angels surrounding us while alive. They are responsible for recording our deeds and reporting them back to Aliah on the last day.

When we see a **Swastika** most of us immediately think of the horrible reign of Adolf Hitler, but did you know that long before Hitler ruined that symbol for us the swastika was an ancient symbol for Light, Good Luck, Life and Love? As a matter of fact this



symbol has been used by a number of cultures. The word is actually derived from the Sanskrit language meaning any lucky or auspicious object, and in particular a mark made on persons and things to denote good luck. Luckily for the world, it didn't work for Hitler! In reality, the swastika symbol is one of the oldest symbols on Earth and can be found in almost all religions and traditions, on all continents! The symbol also represents infinity in time i.e. there being no beginning, no end in time and everything being cyclical.



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The number 13 has gotten a bad rap for a long time. Some people are so superstitious about the number that there are many skyscrapers that don't have a 13th floor. The floor designations go from the 12th floor to the 14th floor. Of course, everyone knows that the 14th floor is actually the 13th floor, but as long as it doesn't have the number 13 attached to it, some people accept the strange numbering system. There is also a superstition, thought by some to derive from the Last Supper or a Norse myth that having thirteen people seated at a table will result in the death of one of the diners. Since the 13th has been considered the unluckiest number and Friday is considered the most unlucky day of the week, (It has been suggested that Friday has been considered an unlucky day because, according to Christian scripture and tradition, Jesus was crucified on a Friday.) **Friday the 13th** is considered to be the unluckiest day of the year. The Knights Templar, a monastic military order founded in Jerusalem in 1118 C.E., had a mission to protect Christian pilgrims during the Crusades. Over the next two centuries, the Knights Templar became extraordinarily powerful and wealthy. Threatened by that power and eager to acquire their wealth, King Philip ordered the arrest of all the Knights Templar in France on Friday, October 13, 1307 - **Friday the 13th**.

But, did you know that in some cultures the number 13 was considered very lucky and actually scared? In ancient Greece the number 13 represented Zeus who was considered the 13th Deity. In ancient Mexico 13 was an important number in their astronomy, calendars, and theology; and in Native American Earth Count, 13 represents The Goddess. Here are some other instances where the number 13 is not unlucky: The sacred cord of Druids has 13 segments; a normal card deck includes 13 hearts, 13 spades, 13 diamonds, and 13 clubs; Jewish sage Moses Maimonides established 13 principles of the Jewish faith; the Chinese abacus consists of 13 columns of beads; and 13 is a prime number.

The Pentacle/Pentagram is another symbol that has been maligned throughout the centuries. It is used in the Tarot deck as one of the four suits of the Minor Arcana, this one representing job and careers. It is thought to be a symbol for pagan worship. It originated as the symbol of a Goddess, Kore, who was worshiped over an area which extends from present-day England to Egypt and beyond. Kore's sacred fruit is the apple. When an apple is cut through its equator, both halves will reveal a near-perfect pentagram shape at the core, with each point on the star containing a seed.

The five points of the pentagram have been interpreted as representing the five wounds of Christ (2 wrist, 2 ankle and 1 side). It has been referred to as the *Star of Bethlehem*, the star which allegedly led three Zoroastrian astrologers to the baby Jesus; it was called the *Three Kings' star*. The Pentagram has been widely used by past Christians as a protective amulet, as well. During the times when the Christian church burned alive or hung hundreds of thousands of innocent people, the meaning of the pentagram changed. It began to symbolize a goat's head or the devil in the form of Baphomet. "*The folk-symbol of security - for the first time in history - was equated with evil and was called the Witch's Foot.*"

The Roman Emperor Constantine used the pentagram in his seal and amulet and the English warrior Sir Gawain, a nephew of King Arthur, adopted the pentagram as his personal symbol and placed it on his shield. The five points symbolized "*the five knightly virtues - generosity, courtesy, chastity, chivalry and piety.*"



Inverted Pentagram ~ During the 20th century, Satanists inverted the upright pentacle and adopted it as their own symbol. However, the symbol is most commonly shown with the head of a goat within the pentagram.



Ceremonial magicians also use the pentagram. Its points can "*represent various elemental energies, spirits or deities.*" The Order of the Eastern Star is an international humanitarian organization composed of women who are wives of advanced Masons.

They use an inverted pentacle as their symbol. Essentially all Eastern Star members in North America are Christians. The Masonic Order associates the five points of the pentagram with "*Five Points of Fellowship.*" However, its "*use in Masonry is vestigial and peripheral.*" Again, almost all Masons in North America are Christians.

The basic **five point star** has a variety of meanings, as well. It is the symbol for the Assyrian Goddess, Ishtar (and Venus) and later was taken up by many countries as a symbol of their armed forces. The star is used on many country's flags, including the United States. On the US and Australian flags the stars represent the country's states, 50 for the US and 5 for Australia. In the US stars represent the military rank, as in a "Five Star General." The more stars a general has, the higher his/her rank.



There is always more than one explanation for most things. I will delve into more Signs and Symbols in future issues. If you have related information to share, send it to me at edparanormal@gmail.com.

In my November Issue I'll be discussing the symbols of the Zodiac and their meaning.

***Christine B.** writes about subjects most people don't normally enjoy thinking about, yet ponder, just the same. Presenting a "what if" slant in her poetry, short stories and novels, her works suggest alternative answers to some of life's most intriguing questions, while guiding readers off the beaten path into paranormally "Dangerous Terrain." Christine owns El Dorado Paranormal Investigations. She creates a monthly newsletter, "Paranormal Musings," which delves into paranormal subjects and educates the public that "Paranormal is Normal." Her novels include: "The Afterlife of Charlotte Browning" (won Best General Fiction and Best Media Package of 2008 from the Northern California Publishers and Authors); "From the Stones-A Colleen Broadhurst Adventure;" and "The Coming 12/21/2012". She is also working on a non-fiction book about her own paranormal experiences and those of others. Christine can be reached via her web site: <http://edparanormal.com>, which has been named one of the most informative paranormal sites on the web. Email her at edparanormal@gmail.com.

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GRI conducts investigations based on scientific method and investigation techniques. On our show, we discuss local haunts, cases we've been fortunate to be on and often feature other groups who have much to teach and share from their wealth of experience. Our goal is to bring science and even a bit of enjoyment (code word for FUN!) to our investigations. Part of the process of exploring the paranormal and the spirit world is to learn a bit of the history and reason **why** we see paranormal events at various locations. We teach history as well as science in our frequent field missions.

Join us weekly as we feature guests from all over the United States! Christine B. will occasionally be a guest host on this program.

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FAMOUS HAUNTED PLACES

Amusement Park, Sandusky, Ohio

Cedar Point Amusement Park is well-known for its roller coasters—there are 17 of them as of this newsletter, and there will undoubtedly be more to come. But the many roller coasters are not the only thing that brings visitors to the park. There have been many unexplained occurrences and spirit sightings at the park during its 139 years of operation, as well. (Second oldest amusement park in the country.)



There have been numerous reports about the park's haunted carousel. The legend states that the man who carved the horses for the carousel caught his wife cheating on him with a jockey from the local horse track. The artist shot and killed both of them in a jealous rage. To add credence to this story there is a black horse on the carousel with bones carved into his mane, and the image of a jockey is carved into the saddle of another horse. Employees working at the park after hours have reported hearing the music of the carousel at night as they watch it spins backwards. Another strange phenomena is that the horses sometimes end up in different positions from where they were when the park closed the night before.



The Hotel Breakers is located on the grounds of Cedar Point. The hotel was built in four sections, which were all built at different times. The oldest section is the "The Rotunda" which is named so for its circular five floored circular structure. In the early 1900's a guest, allegedly named Mary, hung herself in her room, #169. Since then hotel employees and guests have reported unexplained occurrences, disturbances, violent unseen actions, noises, and problems with electronic appliances. There have also been reports of the sightings of "faceless apparitions" in the third oldest portion of the hotel, "Breakers East."

Another area of reported unusual activity is at CJ's Provision on the Frontier Trail. Many people who work at this popular section of the park report feeling someone unseen in the area and some workers have actually seen an apparition walking by the doors when they are closed before the season begins. According to local legend, a young woman walks up and down frontier trail looking for her boyfriend / husband. Other strange things have been documented, as well. Items left in the sink in the kitchen area disappear. Sometimes the items are returned later, and other times the missing items are never seen again. (This a typical symptom of a haunting).

I have been to the park on many occasions, and have never personally witnessed any of these anomalies. Perhaps it's time I go back and take a closer look!



WHEN NOT IN DREAMS



*In dreams we live a different life—
A time to listen to our needs;
Our fears are shown, along with strife,
And life to come does sew its seeds.*

*There are some times when dreams are more
Than flashes of our heartfelt schemes,
And life itself has more in store
Then we could ever fear to dream.*

Christine B. © 1992

Most people dismiss or don't remember their dreams, considering them to be only their subconscious's nightly flights of fantasy. But many psychologists would beg to differ and believe that dreams are a means of our subconscious to communicate with us. Others think that our dreams can give us hints as to what might come to pass in our future. The concept of *Déjà Vu* can very well be us reliving while awake, something our subconscious showed us previously in a dream.

In the next few issues I will illustrate what some of the things you might be dreaming about might mean to you. Pay attention to your dreams and listen to what your subconscious is trying to tell you. Keeping a dream diary is a good idea and a great way to remember your dreams for future reference.

If you had a dream that you are **wearing a cloak** . . . the dream might mean that you see yourself acting a role and not being truthful in real life. It might also mean that you will be going to a fancy occasion where one would wear a costume or that you wish to disguise a part of your personality or change it in some way. It could also be that you are glimpsing a past life memory of yourself or of someone you were close to.



“Dreams are like stars...you may never touch them, but if you follow them they will lead you to your destiny.”

If you dream of **Angels** you may be in for a change in your love life, a change in your life in general, or an inheritance might be in your future. If the Angel tells you something, try to remember what it has to say. There were some famous Angel messages that were given while in the dream state: i.e.: the Angel who told Mary she was pregnant with the child of God; the Angel who told Joseph to take his family to Egypt to keep them safe, etc.

Children often experience **Reoccurring Dreams**. Many times these dreams are actually memories of past life experiences. As we grow older, those memories begin to fade and are replaced by present life experiences. This process can take years, so while we are children, our dreams are often about events that affected us in our previous incarnations.

Some famous people have had fascinating dreams that assisted them with some of their life's problems. One example of this is Dmitri Mendeleev, the renowned chemist who created the Periodic Table of Elements. As a professor at the St. Petersburg Institute he attempted to invent a logical way of tabulating the elements according to their atomic weights. One night in 1869 the frustrated scientist fell into a restless sleep and dreamt of a table where all the elements fell into place as he always knew they could. After he awoke, Mendeleev wrote out the details of his dream and the Periodic Table of Elements has been used ever since.

And let us not forget that chapter six of “The Afterlife of Charlotte Browning” was the exact transcript of a dream I had back in 1970. The entire book was written around that chapter. It pays to listen to your dreams!

Elves . . . Continued from page 3



Snow Elves

These are pale yet hardy elves that live in the high mountain regions of the world. They are reclusive (even more so than 'normal' Elves) and usually led by tribal priests known as "Peakwardens".



Star Elves

These elves left this planet for an extra planetary realm. Although they might look a bit like Mr. Spock, the Vulcans are not considered elves.



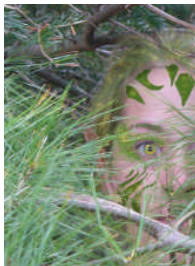
Sun (Gold) Elves

Sun elves have bronze colored skin, gold, blond or black hair, they are also called gold elves. Sun elves are less physically fit than their counterparts. They are the keepers and defenders of all that is finest in elven lore, art and magic. They also are referred to as Gold Elves and are a solemn and dignified people, who place great value on bloodlines and tradition.



Wild Elves

They are the most reclusive of all the elves, and pride themselves on their isolation and skill at keeping hidden. Their skin tends to be brown and they have similar colored hair which lightens with age. All other Elves see them as their somewhat barbaric cousins.



Wood Elves

Wood elves are also reclusive, preferring to live in woodlands and thick forests. They place more emphasis on strength than learning. Wood elves are considered by other elves (particularly the sun elves) to be boisterous and hedonistic.

W. Y. Evans-Wentz, in his book, *The Fairy Faith in Celtic Countries*, recorded many tales provided to him by local people of encounters with beings he referred to as fairies, elves, the wee folk, the good people, Leprechauns etc. The belief in these anomalies was intense among the Celtic people of Britain and France at the time Evans-Wentz conducted his studies (c. 1900). Evans-Wentz collected numerous reports of elf-sightings, including one given by a member of the Lower House of the Manx Parliament).

Naturally, there are many half breed elves, but these are the basic types. And several other types have been created throughout the centuries by fantasy authors. Where do they come from? Another mystery. Some believe that elves were created by God and roamed the earth before humans, and that they did not evolve from lower species. Maybe J. R. Tolkien knew something we didn't, as I like to repeat, one cannot imagine something they have never had a personal or secondary experience with.

HOW CAN YOU TELL IF THE ORB YOU SEE IS A DISEMBODIED SPIRIT?

There has been a great debate for years over what orbs that show up in photos really are. I hope this helps to explain the different types of orbs.



My friend, Bob, did this test to prove that all orbs are not dust particles. He blew some dust he found in his room into the air and then took flash photos in the area. As you can see, the orbs here are not only really small, but they do not have a rainbow energy edge to them. Also, these orbs are very faint. (Thanks Bob!)



This photo has a great deal of orbs in it, but they are NOT spirit orbs. They are the reflection of my flash on dense fog. These orbs look to have an irregular shape (see close up) and there's no rainbow energy pattern around the edge.



All three of these orbs are good examples of spirit energy. The first photo is noticeably moving, and it has the rainbow energy pattern around its edge, as all the orbs here do. The orb on the right has a noticeable nucleus, which is another indication that the orb is a spirit. All evidence of orbs should be backed up with other collaborating evidence, like EMF readings, spikes in ambient temperature, history of paranormal activity, etc.

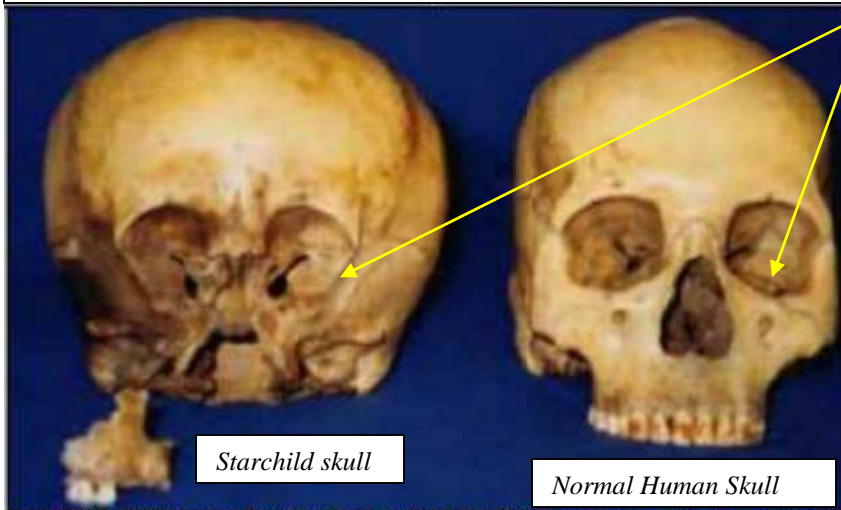
What is the Starchild Skull?

In 1930 a strange alien-like skull was found in a mine tunnel about 100 miles southwest of Chihuahua, Mexico. The skull was discovered buried among several normal human skulls. Writer and lecturer, Lloyd Pye, is now in possession of the skull and talks about what it might be. It is vastly different from any known species of human or mammal.



Attention! If you run across anyone looking like this, ask him where he came from!

According to Wikipedia, based on examination of the upper right section of the skull, a dentist concluded that it was a child's skull, 4.5 to 5 years in age. However, the volume of the interior of the Starchild skull is 1,600 cubic centimeters, which is 200 cm³ larger than the average adult's brain, and 400 cm³ larger than an adult of the same approximate size.



The eye hollows are also vastly different from a normal human skull. They are oval and shallow, with the optic nerve canal situated at the bottom of the orbit instead of at the back.

The back of the skull is flattened, but not by artificial means. The skull consists of calcium hydroxyapatite, the normal material found in most mammals.

There have been two carbon dating tests performed on the skull. The first done at the University of California at Riverside in 1999 and the second was done in 2004 at Beta Analytic in Miami, the largest radiocarbon dating laboratory in the world. Both independent tests indicated that there has been 900 years \pm 40 years since death.

Two DNA tests have also been performed on the skull. The test done by BONE in 1999 indicated that the DNA extracted from the skull was of human origin. DNA testing at Trace Genetics, which unlike BOLD specializes in extracting DNA from ancient samples, in 2003 recovered mitochondrial DNA from the skull and indicated that the child belongs to haplogroup C. I don't know what that means, exactly, but I'm pretty sure both tests indicate a human link. Since no aliens, to the general public's knowledge, have been tested for DNA, I guess we still have questions as to where the skull came from and why it is so different from anything ever studied by human science.